

Busy Bag Checklist

Screen-free waiting room activities for toddlers

Done	Item	Noise Level
	Reusable window/sticker clings	Silent
	Mini notebook and crayons	Silent
	Busy book (zippers, buttons)	Silent
	Wikki Stix or pipe cleaners	Silent
	Quiet fidget toy	Silent
	Whisper "I Spy" (no supplies needed)	Low
	Finger puppets	Low

Pack 3-4 rotating items in a small zippered pouch — not all 7 at once. Keep it in the diaper bag permanently.